

Topeka Lions 29th Annual
Frank E. Godding, Jr. - Memorial



**5K & 10K Run and 5K Walk
3.16.13 - TOPEKA, KS**

Forbes Field, Combat Air Museum, Topeka, KS

7:00 am: Late Registration & Packet Pickup - 8:00 am: Start

This course is U.S. Track and Field Certified!

Registration Fee includes a ticket for \$1.00 off admission
For up to four people to the Combat Air Museum.

\$25 Early-Registration includes an Irish Green t-shirt.

Awards: Awards presented for best time for male and female in
5K & 10K Runs and top three finishers for male & female in age
Divisions 9 and under, age 10-15, 16-20 and 21 and over
in five year increments to 75+.

*Participant item for everyone! No strollers or dogs^
^ service dogs are allowed for 5K Walk.*

More forms available at <http://lions.vocshop.com> or **Garry Gribbles Running Sports, Topeka KS** – register online at active.com

Proceeds help the Topeka Lions Foundation provide eyeglasses
for those in Topeka that otherwise could not afford to see.
The eyeglass procurement program requires about \$1,000 per
month, to supply glasses to the qualified individuals. Additional
contributions may be added to this form or turned in at the event
registration table. – *Thank you for helping others to see.*

For Additional Information contact:

Irene Owen, 785-249-1913, ihowen@att.net, Irene@kalos-inc.com
Or Russ Willis, 785-234-9476, russow@cox.net

EARLY-REGISTRATION FORM (please print or type)

Name _____ Gender Male Female

Address _____

City _____ State _____ Zip _____

E-Mail Address: _____

Birth date _____ Age on Race Date _____

Telephone (Day) _____ (Evening) _____

✓ **Check the line in front of the size listed for Your Shirt Size:**

Mens Sizes: ___ S ___ M ___ L ___ XL ___ 2LX * ___ 3XL*
Ladies Sizes: ___ S ___ M ___ L ___ XL ___ XXL* ___ XXXL*
Youth Sizes: ___ S (6-8) ___ M (10-12) ___ L (14-16) ___ XL (18-20)

Note: Registrations received after March 1, 2013 will not be guaranteed a shirt.

✓ **Check event Selection:** 10K RUN 5K Run 5K WALK

EVENT FEE: \$25 IF POSTMARKED BY MARCH 1, \$30.00 AFTER THIS DATE \$ _____

DEDUCT \$7.00 IF YOU DO NOT WANT THE EVENT SHIRT — _____

*Add \$5.00 for shirt sizes Mens 2XL or 3XL or Ladies XXL & XXXL _____

ADDITIONAL DONATION \$ _____

(NO REFUNDS) **TOTAL** _____

WAIVER: In consideration of your acceptance of my entry, I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against the organizers and sponsors of this event, their associates and representatives, arising out of my participation in this event. I attest that I am physically fit to participate in this run/walk. I give my permission for the free use of my name and picture in any broadcast telecast or print media account of this event. I also agree to obey all traffic laws, exercise all safety precautions, avoid littering and respect the property of others. *Parent or guardian must sign if participant is under 18 years of age.*

Signature _____ Date _____ Parent or Guardian _____ Date _____

Contact me for other giving opportunities for contributions to the Topeka Lions Foundation, a non-profit organization.

Send me information on Topeka Lions Clubs Programs and Services to the community.